

# Seaberry Essence

## Consumer Information

### What is in this leaflet

Read all of this leaflet carefully before you start taking this product. Ask your doctor or pharmacist if you do not understand anything or are worried about taking this product.

This leaflet answers some common questions about Seaberry Essence. It does not contain all the available information.

It does not take the place of talking to your doctor, pharmacist and dietitian. **Keep this leaflet with the product.** You may need to read it again.

### What Seaberry Essence is used for

**\*Seaberry Essence** is a powerful multi-nutritional solution, made from certified, organic, and pure seabuckthorn seed oil in the Tibetan Plateau of 4500m. It contains over 190 bio-active nutrients, including but not limited to vitamins, fatty acids, organic acids, amino acids, flavonoids and minerals. These elements work naturally to create a foundation for long-term good health and make it an optimal raw material for nutritional supplementation.

Seaberry Essence is **suitable for persons**

- Who are looking for better immunity
- Who are taking inadequate diets or/and having too much over-refined foods
- Who are looking for better mental alertness
- Who are susceptible to sickness and desire for an improvement of pre-existing health problems
- Who are looking for a healthy gastric functions

*\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any diseases.*

### Before you take Seaberry Essence

**When you must not take it**

- If you are allergic to any of the ingredients listed at the end of this leaflet.
- If you are or might be pregnant, or are planning to be pregnant.
- If you breastfeed or are planning to breastfeed.
- If the packaging is torn or shows signs of tampering.
- If the designated expiry date has passed.

**Taking other medications / supplements**

You should always tell your doctor about all medications or preparations you are taking before starting Seaberry Essence, this includes any prescription, herbal or "alternative" medicines as well as dietary supplements.

### How to take Seaberry Essence properly

**How much to take**

As a dietary supplement, take 1 softgel twice daily.

For intensive use, take 2 softgels twice daily, or as directed by your healthcare practitioner.

**How to take it**

Swallow the softgel whole with water or other liquid.

**When to take it**

Take it with meal.

Take your supplements about the same time each day will have the best effect.

**If you forget to take it**

You should take the next dose on time, do not take the missed dose together. If you have any questions, please consult your doctor, pharmacist or healthcare practitioner.

### Unwanted effects

Stop taking Seaberry Essence and get emergency medical help if you have any of the signs of any allergic reactions such as rash, face swelling, throat tightness and difficulty in breathing. Other side effects may occur in some patients. Tell your doctor or pharmacist if you notice anything that is making you feel unwell.

### Storage conditions

Store Seaberry Essence in cool, dry place away from direct sunlight.

Keep the lid of the bottle tightly closed.

Keep Seaberry Essence out of the reach and sight of children.

### Product description

**What Seaberry Essence looks like:**

Seaberry Essence is a clear softgel with yellowish oil.

They are available in packs of 30.

**Ingredients**

**Serving Size : 1 softgel**

Amount per serving	% DV
Seabuckthorn Seed Oil	500mg*
* Daily Value not established	

**Does not contain:** Lactose, sugar, starch, yeast, soy, corn, wheat, dairy, gluten, fish, tree nut, egg, shellfish, peanut, fragrance, artificial flavor, artificial color or preservatives added.

**Developed by and manufactured for**

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